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PRE-Op Intravenous Anesthesia Sedation

A responsible adult must accompany the patient to the office, remain in the office during the procedure, and drive the patient home. If the patient is under 18 years old a parent or legal guardian must accompany the patient.

Eating & Fluid Intake

You may not have anything to eat or drink (including water) for six hours prior to the appointment.

This will insure that you come to the appointment with an empty stomach and prevent you from vomiting should nausea occur. The medications that we use very rarely create nausea. Vomiting while being sedated is dangerous: it may obstruct your airway. It can be prevented by following the above protocol. Please note that we have some very effective IV drugs that reduce nausea should this occur.

If you take routine oral medications, please check with the doctors of Walton Dental Care prior to your surgical date for instructions.

Clothing

Please wear loose clothing that does not restrict your breathing and allows easy access to your upper arm for attachment of blood pressure machine and for the administration of injections. You may be a little unsteady on your feet after your sedation. To reduce the possibility of fall and injury you should wear flat shoes. Contact lenses and jewelry must be removed at the time of surgery.

Nail Polish, Lipstick and Shaving

A sensor will be placed on your finger to monitor your pulse and oxygen continuously while you are sedated. It does not work well on nail polish or fake nails. Therefore, they will have to be removed before your appointment. Do not wear lipstick, heavy make-up or body lotion (especially from the waist up). For men, a clean shave is preferred.

Smoking

No smoking at least 12 hours before surgery. Ideally, cut down or stop smoking as soon as possible prior to the day of surgery.

MISC

If you have an illness such as a cold, sore throat, stomach or bowel upset, please notify the office.