

Homecare After Implant Surgery

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Avoid tobacco products

After implants have been placed, it's important to follow these recommendations to ensure their long-term success.

General care

To control minor bleeding, apply moderate pressure with gauze pads or a clean, moist tea bag wrapped in a gauze pad.

Limit yourself to calm activities for the first three to

five days to keep your blood pressure stable and reduce bleeding.

If you usually wear a removable denture or partial denture, we will give you specific instructions about wearing it while your implants heal.

Tobacco use

Don't use tobacco for at least 24 hours, and avoid tobacco as much as possible for several months. Tobacco slows healing and increases the risk that your body will reject the implants, and it's the leading cause of implant failure.

When to call us

Call us right away if you have heavy or increased bleeding, you have pain or swelling that increases or continues beyond two or three days, or you have a reaction to the medication.

Call us if the implants gradually show through the gums, so we can check them.

You can also call us with any questions or concerns.

Chewing and eating

Avoid chewing until the numbness has worn off completely. If we placed a temporary restoration, avoid chewing for one half-hour to allow the temporary cement to set.

For the first 24 hours, drink lots of liquids and eat soft, nutritious foods, chewing